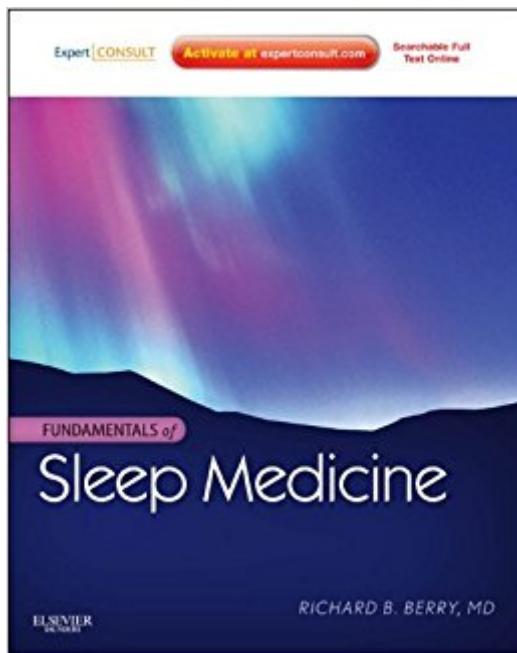


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# Fundamentals Of Sleep Medicine



## Synopsis

Written by Richard Berry, MD, author of the popular *Sleep Medicine Pearls*, *Fundamentals of Sleep Medicine* is a concise, clinically focused alternative to larger sleep medicine references. A recipient of the 2010 AASM Excellence in Education award, Dr. Berry is exceptionally well qualified to distill today's most essential sleep medicine know-how in a way that is fast and easy to access and apply in your practice. Consult this title on your favorite e-reader, conduct rapid searches, and adjust font sizes for optimal readability. Compatible with Kindle®, nook®, and other popular devices. Get clear guidance on applying the AASM scoring criteria. Reinforce your knowledge with more than 350 review questions. Get the answers you need quickly thanks to Dr. Berry's direct and clear writing style. Access the complete contents online at Expert Consult, including videos demonstrating parasomnias, leg kicks, and more.

## Book Information

File Size: 19411 KB

Print Length: 672 pages

Simultaneous Device Usage: Up to 4 simultaneous devices, per publisher limits

Publisher: Saunders; 1 Har/Psc edition (August 2, 2011)

Publication Date: August 2, 2011

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B008WUD7I2

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #475,550 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #25

in Kindle Store > Kindle eBooks > Medical eBooks > Specialties > Otolaryngology #39

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## Customer Reviews

I am a pulm/CC fellow with some interest in sleep medicine. I was looking for a medium sized book that would be easy to comprehend, would give the technical details of how a sleep study is done,

the basics of sleep interpretation and would then build up on it to give a detailed overview of different sleep disorders without being too esoteric. I looked at multiple books online, and it was so hard to find a book that would fit that profile. I don't like buying big volumes, because I never read them. I don't like too concise reviews because they don't really give you the core concepts. This was one of the only two books that fit the profile for what I was looking for- the other being a volume by Teofilo Choing. Anyways, I decided to buy this one because I liked the page layout. I haven't been anything short of terribly impressed with this book. After going through more than half of the book, I am very happy with my purchase, and don't think there would have been a better match for what I was looking for. The text is so readable, and has multiple tables and charts and illustrations from PSG that it flows very fast. It is reasonably detailed without being too overbearing (except maybe at some points). I think I now have a good grasp of sleep medicine. The text is heavily referenced, and very much in tune with the latest AASM and CMS guidelines. I am actually amazed at the quality of the book, considering that it's just the first edition. I think this is detailed enough even for sleep board (at least the adult sleep part), and I have even recommended this to my friends who have just started sleep fellowship. I highly recommend this book.

One of the reviewers said that the book was condensed. That is the last word you would use to describe it. Good book but certainly not something you'd read for the boards unless you had a year off. Does not make for easy reading with multiple digressions in main text to refer to this study or that and things that are not clinically useful. Questions are not well written.

Very good book to use when studying for the Polysomnography test

Good textbook. It is readable and suitable for the beginner in sleep medicine. It has good figures and covers the basics well, however it is light on the pediatric side of sleep medicine.

I am reading this book to prepare for the Sleep Medicine Boards. It is detailed without being hard to read. It has a few review questions at the end of each chapter. I recommend it. Price is reasonable for 660 plus pages of goodness.

This is absolutely the best book for passing the sleep medicine board exam. I passed the sleep exam in November 2011. I read numerous review books however, this one was the VERY BEST! Thank you Dr. Berry.

Excellent service. I am very pleased with this purchase. Thank you.

I was looking for a more detailed text to use as a reference for my class. I found this text to have everything I needed to supplement my lectures and it covered items not covered by other texts.

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